

















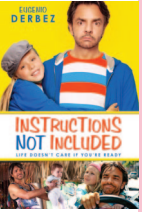





Spring Assisted Living

MAY 2026

CALENDAR

Activities & Outings
subject to change
without prior notice.
License #198204079



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>9:30 Happy Feet Walking Club</p> <p>10:00 Snack Time</p> <p>1:30 Bible Study</p> <p>2:00 Snack Time</p> <p>6:15 Movie: <i>Mamma Mia!</i> (1987)</p> 	<p>31 May Days to Note...</p> <p>01 May Day</p> <p>02 Kentucky Day</p> <p>04 Nat'l Lemonade Day</p> <p>06 Nat'l Nurses Day</p> <p>07 Nat'l Teacher Day</p> <p>08 Reward Yourself Day</p> <p>10 Nat'l Golf Day</p> <p>11 Nat'l Eat What You Want Day</p> <p>12 Nat'l Limerick Day</p> <p>13 Tulip Day</p> <p>14 The Stars and Stripes Forever Day</p> <p>15 Bring Flowers to Someone Day</p> <p>16 Nascar Day</p> <p>18 Int'l Museum Day</p> <p>19 Plant Something Day</p> <p>20 World Bee Day</p> <p>21 World Meditation Day</p> <p>23 Lucky Penny Day</p> <p>24 Indianapolis 500</p> <p>26 Scripps Spelling Bee begins</p> <p>30 Nat'l Senior Health & Fitness Day</p> <p>31 Nat'l Smile Day</p>	<p>9:00 Ziggy's Beauty Shop</p> <p>9:30 - 11:00 Nails w/Liz</p> <p>10:00 Snack</p> <p>2:00 Snack</p> <p>3:30 Bingo</p> 	<p>"Mother is the heartbeat in the home; and without her, there seems to be no heartthrob."</p> <p>~ Leroy Brownlow</p>	<p>9:30 Exercise</p> <p>10:00 Snack Time</p> <p>1:30 Happy Hour</p> <p>3:30 Bingo!</p> <p>6:15 Friday Movie <i>Three Amigos</i> (1986)</p> 	<p>9:30 Happy Feet Walking Club</p> <p>10:00 Snack</p> <p>1:30 Board Games</p> <p>2:00 Snack</p> 		
<p>9:30 Happy Feet Walking Club</p> <p>10:00 Snack Time</p> <p>1:30 Bible Study</p> <p>2:00 Snack Time</p> <p>6:15 Movie: <i>La Bamba</i> (1987)</p> 	<p>3</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>10:30 Beach Drive</p> <p>2:00 Snack</p> <p>3:30 Bingo!</p> <p>6:15 Concert: Marc Anthony</p> 	<p>4</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>1:30 Cinco de Mayo Fiesta</p> <p>2:00 Snack Time</p> <p>3:30 Bingo</p> <p>4:00 Happy Feet Walking Club</p> 	<p>5</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>1:30 Shopping at Ralphs</p> <p>2:00 Snack Time</p> <p>3:30 Bingo</p> <p>4:00 Happy Feet Walking Club</p> 	<p>6</p> <p>9:00 Ziggy's Beauty Shop</p> <p>9:30 - 11:00 Nails w/Liz</p> <p>10:00 Snack</p> <p>2:00 Snack</p> <p>3:30 Bingo</p> 	<p>7</p> <p>9 - 3 DOCTOR APPT</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>1:30 Sing Your Tune</p> <p>2:00 Snack</p> <p>3:30 Bingo!</p> 	<p>8</p> <p>9:30 Exercise</p> <p>10:00 Snack Time</p> <p>1:00 Mother's Day Tea Party</p> <p>3:30 Bingo!</p> <p>6:15 Friday Movie <i>Rio</i> (2011)</p> 	<p>9</p> <p>9:30 Happy Feet Walking Club</p> <p>10:00 Snack</p> <p>1:30 Board Games</p> <p>2:00 Snack</p> 
<p>9:30 Happy Feet Walking Club</p> <p>10:00 Snack Time</p> <p>1:30 Bible Study</p> <p>2:00 Snack Time</p> <p>6:15 Movie: <i>Mother's Day</i> (2016)</p>  <p>MOTHER'S DAY</p>	<p>10</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>10:30 Beach Drive</p> <p>2:00 Snack</p> <p>3:30 Bingo!</p> <p>6:15 Concert: Whitney Houston</p> 	<p>11</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>10:15 Shopping at Ralphs</p> <p>1:30 Arts & Crafts</p> <p>2:00 Snack Time</p> <p>3:30 Bingo</p> <p>4:00 Happy Feet Walking Club</p> 	<p>12</p> <p>9:00 Ziggy's Beauty Shop</p> <p>9:30 - 11:00 Nails w/Liz</p> <p>10:00 Snack</p> <p>1:30 Birthday Party</p> <p>2:00 Snack</p> <p>3:30 Bingo</p> 	<p>13</p> <p>9 - 3 DOCTOR APPT</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>10:30 Happy Feet Walking Club</p> <p>1:30 Sing Along w/Shakeh</p> <p>2:00 Snack</p> <p>3:30 Bingo!</p> 	<p>14</p> <p>9:30 Exercise</p> <p>10:00 Snack Time</p> <p>1:30 Sundaes</p> <p>3:30 Bingo!</p> <p>6:15 Friday Movie <i>Otherhood</i> (2019)</p> 	<p>15</p> <p>9:30 Happy Feet Walking Club</p> <p>10:00 Snack</p> <p>1:30 Board Games</p> <p>2:00 Snack</p>  <p>ARMED FORCES DAY</p>	
<p>9:30 Happy Feet Walking Club</p> <p>10:00 Snack Time</p> <p>1:30 Bible Study</p> <p>2:00 Snack Time</p> <p>6:15 Movie: <i>Crazy Rich Asians</i> (2018)</p> 	<p>16</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>10:30 Beach Drive</p> <p>2:00 Snack</p> <p>3:30 Bingo!</p> <p>6:15 Concert: Boney M.</p> 	<p>17</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>10:15 Shopping at Walmart</p> <p>1:30 Arts & Crafts</p> <p>2:00 Snack Time</p> <p>3:30 Bingo</p> <p>4:00 Happy Feet Walking Club</p> 	<p>18</p> <p>9:00 Ziggy's Beauty Shop</p> <p>9:30 - 11:00 Nails w/Liz</p> <p>10:00 Snack</p> <p>2:00 Snack</p> <p>3:30 Bingo</p> 	<p>19</p> <p>9 - 3 DOCTOR APPT</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>1:30 Sing Your Tune</p> <p>2:00 Snack</p> <p>3:30 Bingo!</p> 	<p>20</p> <p>9:30 Exercise</p> <p>10:00 Snack Time</p> <p>1:30 Milkshake</p> <p>3:30 Bingo!</p> <p>6:15 Friday Movie <i>Instructions Not Included</i> (2013)</p> 	<p>21</p> <p>9:30 Happy Feet Walking Club</p> <p>10:00 Snack</p> <p>1:30 Board Games</p> <p>2:00 Snack</p> 	
<p>9:30 Happy Feet Walking Club</p> <p>10:00 Snack Time</p> <p>1:30 Bible Study</p> <p>2:00 Snack Time</p> <p>6:15 Movie: <i>Coco</i> (2017)</p> 	<p>22</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>10:30 Beach Drive</p> <p>2:00 Snack</p> <p>3:30 Bingo!</p> <p>6:15 Concert: Bee Gees</p>  <p>MEMORIAL DAY</p>	<p>23</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>10:15 Shopping at Trader Joes</p> <p>1:30 Arts & Crafts</p> <p>2:00 Snack Time</p> <p>3:30 Bingo</p> <p>4:00 Happy Feet Walking Club</p> 	<p>24</p> <p>9:00 Ziggy's Beauty Shop</p> <p>9:30 - 11:00 Nails w/Liz</p> <p>10:00 Snack</p> <p>1:30 Lunch Outing</p> <p>2:00 Snack</p> <p>3:30 Bingo</p> 	<p>25</p> <p>9 - 3 DOCTOR APPT</p> <p>9:30 Exercise</p> <p>10:00 Snack</p> <p>10:30 Justin Plays the Guitar</p> <p>2:00 Snack</p> <p>3:30 Bingo!</p> 	<p>26</p> <p>9:30 Exercise</p> <p>10:00 Snack Time</p> <p>1:30 Nacho Friday!</p> <p>3:30 Bingo!</p> <p>6:15 Friday Movie <i>Rango</i> (2011)</p> 	<p>27</p> <p>9:30 Happy Feet Walking Club</p> <p>10:00 Snack</p> <p>1:30 Board Games</p> <p>2:00 Snack</p> 	