

Spring Assisted Living

MAY 2026 MENU

Menu
subject to change
without prior notice.
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST Hot or Cold Cereal BRK Omelet, Toast, Jelly LUNCH Mississippi Pot Roast, Cream Style Corn, California Blend Vegetables, Roll Blonde Brownie DINNER Tuna Salad Sandwich Potato Chips Cucumber Onion Salad Fresh Fruit	31 May Monthly Celebrations to Note... Asian American & Pacific Islander Heritage Month Correct Your Posture Month Gifts from the Garden Month Italian American Heritage Month Jewish American Heritage Month Mediterranean Diet Month Nat'l Arts & Humanities Month Nat'l BBQ Month Nat'l Book Month Nat'l Dental Care Month		BEVERAGES Apple Juice Orange Juice Prune Juice Coffee (mornings) Hot Tea Hot Chocolate Milk 2% Water BREAKFAST MADE TO ORDER Eggs Your Way Sausage or Bacon Toast Pancake or French Toast Oatmeal Cream of Wheat Cold Cereal	MENU ALTERNATIVES Ham, Turkey Peanut Butter Jelly or Grilled Cheese Sandwich Cold Veggie Plate w/Dressing Tuna or Green Salad Cheese Quesadilla Oven Chicken Breast, Ham	BREAKFAST Hot or Cold Cereal Scrambled Egg, Bacon Blueberry Muffin LUNCH Potato Crusted Fish, Penne Stewed Tomatoes, Roll Chocolate Cake w/Frosting DINNER Beef & Potato Casserole Biscuit, Steamed Cauliflower Hawaiian Fruit Cup	BREAKFAST Hot or Cold Cereal Fried Egg, Cinnamon Toast LUNCH Peach Glazed Pork Loin Red Bliss Potatoes, Mixed Vegetables Roll, Vanilla Yogurt Mousse DINNER Breaded Chicken Patty, Bun Corn Chips, Lettuce, Tomato, Pickle Apple Wedges
BREAKFAST Hot or Cold Cereal BRK Omelet, Toast, Jelly LUNCH Mississippi Pot Roast, Cream Style Corn, California Blend Vegetables, Roll Blonde Brownie DINNER Tuna Salad Sandwich Potato Chips Cucumber Onion Salad Fresh Fruit	BREAKFAST Hot or Cold Cereal, Sausage Patty, Biscuit, Gravy LUNCH Grilled Bratwurst, Sauerkraut Buttered New Potatoes, Roll Oatmeal Raisin Cookie DINNER Turkey Pot Pie Italian Blend Vegetables Biscuit Pineapple Tidbits	BREAKFAST Hot or Cold Cereal Fried Egg, Bacon, Banana Muffin LUNCH Pork Taco, Sauce, Fiesta Rice Shredded Lettuce, Tomato Lemon Bar DINNER Fried Chicken, Au Gratin Potatoes Seasoned Peas, Roll Banana Half CINCO DE MAYO	BREAKFAST Hot or Cold Cereal Breakfast Slider, Hash Browns LUNCH Penne, Meat Sauce, Cobbler Corn Garlic Bread, White Cake, Jelly Topping DINNER BBQ Pork Rib, Bun Baked Thin French Fries Deluxe Coleslaw Pineapple, Mandarin, Oranges	BREAKFAST Hot or Cold Cereal Breakfast Ham Slice, Pancakes, Syrup LUNCH Chicken Alfredo Bowtie Pasta Di Aglio, Seasoned Green Beans, Bread Stick Peaches & Pears DINNER Chicken & Sausage Gumbo Steamed Rice, Buttered Carrots Yellow Cake w/Frosting	BREAKFAST Hot or Cold Cereal Egg of the Day, Bacon, Toast, Jelly LUNCH Oven Fried Fish, Tater Tots Zucchini, Tomatoes, Roll Lemon Gelatin Cake, Glaze DINNER Pizza Pocket, Steamed Cauliflower Bread Stick, Apple Wedges	BREAKFAST Hot or Cold Cereal Sausage Patty, French Toast, Syrup LUNCH Meatloaf, Mashed Potatoes, Gravy Mixed Vegetables, Roll Bananas Foster Cake DINNER Chicken Enchiladas, Mexican Rice Shredded Lettuce, Tomato Diced Pears
BREAKFAST Hot or Cold Cereal Fried Egg, Bacon, Toast, Jelly LUNCH Baked Ham, Scalloped Potatoes Roasted Green Beans, Onions Roll, Strawberry Chiffon Pie DINNER Bean & Cheese Burrito, Spanish Rice California Blend Vegetables Pineapple Tidbits MOTHER'S DAY	BREAKFAST Hot or Cold Cereal Sausage Patty, Banana Pancakes, Syrup LUNCH Fried Chicken, Potato Salad Mixed Vegetables, Biscuit Mandarin Oranges DINNER Baked Ziti, Buttered Carrots Garlic Bread Powdered Donut Holes	BREAKFAST Hot or Cold Cereal Scrambled Eggs, Blueberry Muffin LUNCH Roast Beef, Gravy, Rice Pilaf Italian Blend Vegetables, Roll Butterscotch Square DINNER Chicken Salad Sandwich Potato Chips, Cucumber Onion Salad Apple Wedges	BREAKFAST Hot or Cold Cereal Sausage Patty, French Toast, Syrup LUNCH Orange Glazed Chicken, Fried Rice Steamed Cauliflower Resort Fruit Dessert DINNER Vegetable Soup Ham & Cheddar on Bun, Corn Chips Rainbow Gelatin	BREAKFAST Hot or Cold Cereal Scrambled Egg, Biscuit, Jelly LUNCH Baked Fish Fillet, Penne Alfredo Baked Tomato Half, Roll Ooey Goey Cake DINNER Chicken Tenders, Bread Stick Baked Thin French Fries, Buttered Corn Fresh Fruit	BREAKFAST Hot or Cold Cereal Scrambled Egg, Biscuit, Jelly LUNCH Baked Fish Fillet, Penne Alfredo Baked Tomato Half, Roll Ooey Goey Cake DINNER Chicken Tenders, Baked Thin French Fries, Buttered Corn, Bread Stick Fresh Fruit	BREAKFAST Hot or Cold Cereal Egg of the Day, Cinnamon Toast LUNCH Roast Turkey, Gravy Mashed Potatoes, Gravy Seasoned Peas, Roll, Key Lime Cake DINNER Sloppy Joe, Boston Baked Beans Carrot Raisin Salad, Banana Pudding ARMED FORCES DAY
BREAKFAST Hot or Cold Cereal BRK Omelet, Coffee Cake LUNCH Pot Roast, Gravy Red Bliss Potatoes, Roll Italian Blend Vegetables Carrot Cake w/Cream Cheese Icing DINNER Tomato Soup, Mandarin Chicken Salad, Bread Stick Season Fresh Fruit	BREAKFAST Hot or Cold Cereal Scrambled Egg, Toast, Jelly LUNCH Pork Roast, Gravy, Seasoned Black Beans, Smothered Cabbage Cornbread, Applesauce DINNER Hamburger, Baked Thin French Fries Lettuce, Tomatoes, Pickles, Onions Chocolate Cake with Frosting	BREAKFAST Hot or Cold Cereal Sausage Patty, Biscuit, Gravy LUNCH Lemon Baked Chicken Au Gratin Potatoes Seasoned Peas Roll Banana Half DINNER Quesadilla, Tater Tots Tomato, Cucumber Salad Iced Brownie	BREAKFAST Hot or Cold Cereal Scrambled Egg & Cheese Cinnamon Toast LUNCH Penne, Meat Sauce Seasoned Green Beans, Garlic Bread Yellow Cake w/Frosting DINNER Chicken a La King, Biscuit Braised Celery, Tomatoes Applesauce	BREAKFAST Hot or Cold Cereal Breakfast Slider, Hash Browns LUNCH Pork Roast, Gravy, Rice Pilaf Mixed Vegetables, Roll Lemon Bar DINNER Meatloaf, Mashed Potatoes California Blend Vegetables, Roll Pineapple Banana Fluff	BREAKFAST Hot or Cold Cereal Sausage Patty, Pancakes, Syrup LUNCH Crunchy Baked Fish, Macaroni & Cheese Italian Blend Vegetables, Bread Slice Chocolate Pudding DINNER Breaded Chicken Patty, Bun, Oven French Fries, Lettuce, Tomatoes, Pickles Hawaiian Fruit Cup	BREAKFAST Hot or Cold Cereal Scrambled Egg, Blueberry Muffin, Bacon LUNCH Beef Pepper Steak Patty, Cheesy Mashed Potatoes, Green Beans Mushrooms, Biscuit Fresh Baked Cookie DINNER Pork Taco, Sauce, Spanish Rice Shredded Lettuce, Tomato Diced Pears
BREAKFAST Hot or Cold Cereal, Bacon Sausage Patty, Pancakes, Syrup LUNCH Herb Baked Chicken Breast, Red Bliss Potatoes, Seasoned Spinach, Roll Lemon Meringue Pie DINNER Bean & Cheese Burrito Fiesta Rice, Braised Cabbage Fresh Fruit Cup	BREAKFAST Hot or Cold Cereal Denver Scrambled Egg, Toast, Jelly LUNCH Lasagna, Seasoned Green Beans Garlic Bread, Frosted Cupcake DINNER Chicken Tenders, Skillet Fried Potatoes Fiesta Corn, Biscuit Strawberry Fruit Fluff MEMORIAL DAY	BREAKFAST Hot or Cold Cereal Egg of the Day, Bacon, Coffee Cake LUNCH Pork Roast, Gravy, Mashed Potatoes Italian Blend Vegetables, Roll Apple Sauce DINNER Hamburger Stroganoff Macaroni, Seasoned Peas Bread Slice Lime Poke Cake	BREAKFAST Hot or Cold Cereal Scrambled Egg, Biscuit, Jelly LUNCH Cheese Enchilada, Spanish Rice Shredded Lettuce, Tomato Pineapple Tidbits DINNER Roast Turkey, Baked Sweet Potato California Blend Vegetables, Biscuit Cinnamon Sugar Donut Holes	BREAKFAST Hot or Cold Cereal Breakfast Ham Slice, French Toast, Syrup LUNCH BBQ Chicken Breast Boston Baked Beans, Coleslaw Cornbread, Fresh Fruit DINNER Grilled Ham & Cheese Sandwich Tater Tots, Buttered Beets Banana Gelatin	BREAKFAST Hot or Cold Cereal Scrambled Egg, Bacon Blueberry Muffin LUNCH Potato Crusted Fish, Penne Stewed Tomatoes Chocolate Cake w/Frosting DINNER Beef & Potato Casserole, Steamed Cauliflower, Biscuit, Hawaiian Fruit Cup	BREAKFAST Hot or Cold Cereal Fried Egg, Cinnamon Toast LUNCH Peach Glazed Pork Loin Red Bliss Potatoes Mixed Vegetables, Roll Vanilla Yogurt Mousse DINNER Breaded Chicken Patty, Bun Corn Chips, Lettuce, Tomato, Pickle Apple Wedges